



**TBMW4VK BMW X3 (F25) 2011-2017, (G01) 2017-2024 (G45/G48) 2024>, X3M (F97) 2019-2024, iX3 (G08) 2017>, X4 (F26) 2014-2018, (G02) 2018> & X4M (F98) 2019>**

Item	Qty	Description	Item	Qty	Description	Torque Setting
A	1	TBMW4 Crossbar	E	1	TTFP/RH Right Hand Flip Up Socket Plate	
B	2	Internal Bumper Plastic Mounting Brackets (Not F25/F26)	F	2	M12 x 22 Bolts & S/P Washers	100 Nm
C1	1	Left Hand Exhaust Bracket (Not F25/F26/G08)	G	2	M12 x 25 Bolts & S/P Washers	100 Nm
C2	1	Right Hand Exhaust / Ad-Blue Tank Bracket (Not F25/F26/G08)	H	2	M6 x 20 Self Tapping Bolts	13 Nm
D	1	6#07 Detachable Swan Neck	J	2	M8 x 25 Bolts & Nyloc Nuts	25 Nm
			K	2	6 x 15 Flat Washers	
			L	4	8 x 20 Flat Washers	
			M	4	12 x 25 Flat Washers	
			N	4	12 x 40 Flat Washers	
X	4	OEM BMW Nuts (Torqued To 98 Nm)	P	6	Large Plastic Rivets	

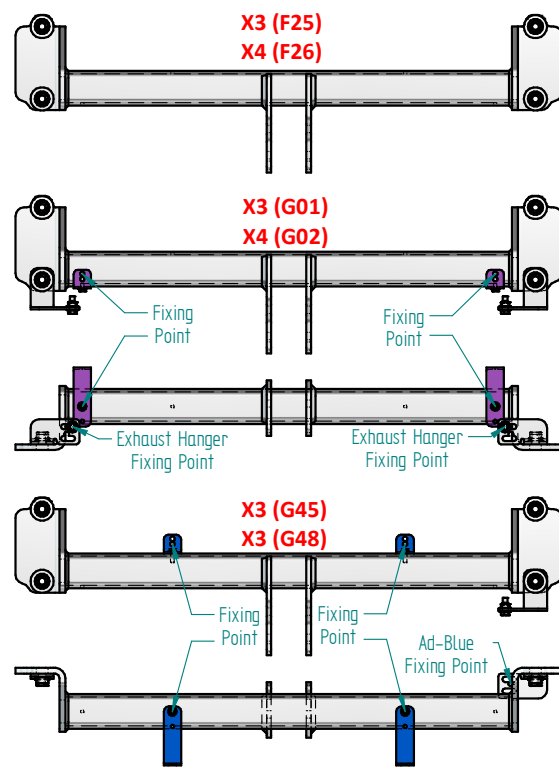
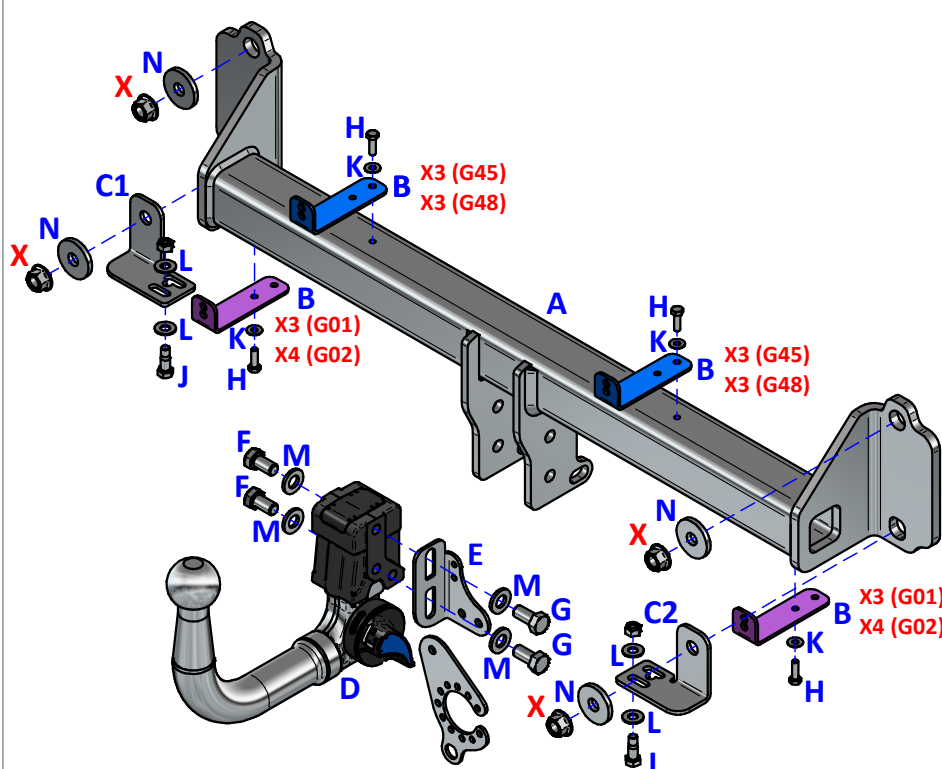
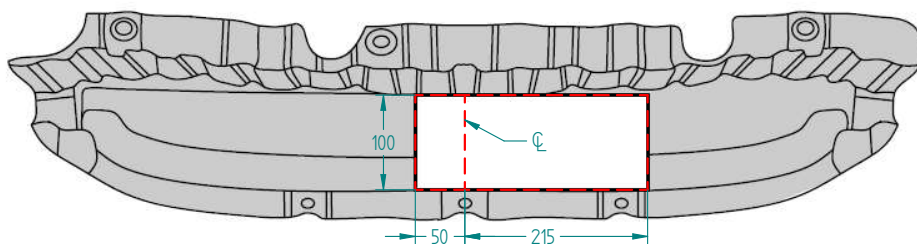
**Note:** There are some models that will not require items B, C1 and C2 or the fixings provided.

## Bumper Removal:

- Remove the rear light clusters (Remove the plastic trim to reveal two fixings on **F25/F26** models and three fixings on **F97/F98/G01/G02/G08** models and six fixings on **G45/G48** models followed by any now revealed fixings in the top edge of the bumper).
- Remove the three fixings from each wheel arch then remove the arch trim. This will reveal two fixings, locate and remove these.
- Remove the fixings along the bottom edge of the bumper and around the wheel arch areas and the undertray. Cut the undertray as shown in the image below.
- Remove the reflectors from the bumper to reveal one fixing behind each one and remove.
- Pull the bumper out sideways and rearwards to remove, carefully releasing any wiring looms in the process.
- Remove the internal bumper plastic from the rear impact beam and retain its fixings. **Note:** This will be refitted to the Towbar assembly (**Not F25/F26**).
- Remove the rear impact beam and retain the gaskets and fixings (**Items X**). **Note:** The impact beam will not be refitted with the Towbar assembly.

## Towbar Installation:

- Refit the gaskets from the impact beam to the studs on the rear panel.
- Loosely fix item **A** with items **C1** and **C2** if required on the model you are fitting to, using items **X** with items **N**.
- Identify the location required by the inner bumper plastics depending on the model you are installing to and loosely fix items **B** to item **A** using items **H** with items **K**.
- On models that required brackets **C1** and **C2** loosely fix the exhaust hangers / Ad-Blue tank using items **J** and items **L**.
- Loosely fix item **D** and item **E** to item **A** using items **F** with items **M** and items **G** with items **M**.
- Fully tighten all the fixings ensuring the Towbar and brackets are rigid, square and secure.
- Fix the inner bumper plastic to items **B** using the original fixings.
- Refit the undertray, bumper and wheel arch trim. Note: Items **P** are provided for models which originally had rivets.



## Notes:

- For Torque settings see the column next to each item in the list.
- Nose load limits and vehicle manufacturer's trailer / caravan weight limits must be observed.
- We recommend the use of PRO-TOW Couplings with all our products.